# **Virtual Group Mentor Coaching with Julie Lines**

Enhance your skills and be a Better Coach.

Are you an Executive or Leadership Coach seeking mentor coaching hours for your ACC or PCC credential with the International Coaching Federation (ICF)?

For credentialing requirements, the ICF allows up to 7 or your 10 hours of mentor coaching be undertaken in a group.

Group mentor coaching is about you deepening your understanding and application of the ICF Core Competencies. This happens in a collaborative and supportive environment, where you can share and learn.

Mentor Coaching is aimed at helping you achieve/demonstrate the levels of coaching competency and capability demanded by the desired ICF credential level.

Note: A mentor coach cannot guarantee you will obtain the credential level you are seeking as a result of mentoring.

#### Note regarding ICF Requirements:

If you are going for an -

- ACC credential you need a mentor coach who currently holds an ICF credential of ACC, PCC, or MCC.
- PCC credential you need a mentor coach who currently holds an ICF credential of PCC or MCC.
- MCC credential you need a mentor coach who currently holds an ICF credential of MCC.

You will find me listed in the ICF Mentor Coach Registry - a prominent database of international mentor coaches. To be included in this registry, I was required to hold my original credential for 3 years and to follow the ICF Best Practice for Mentor Coaches and deliver high quality mentor coaching services on an ongoing basis.



JULIE LINES the art of growing peo LEADERSHIP COACH

# Feedback from Coaches

"Transformational, eye opening, affirming, welcoming, inclusive, supportive."

"The program has increased my coaching knowledge and skills...My primary goal engaging in the program was around an ICF accreditation, but I can also already see how I have adopted what I have learnt through the program in my coaching."

"Julie is a great coach who can always bring new insights to a discussion and provides genuine support to participants with love and passion."

"Julie is extremely knowledgeable and allows a safe space for participants to test and try new techniques. The feedback I received is invaluable for my coaching journey."

# **Further Information**

Phone: 0410 403 607 Email: coaching@julielines.com.au

# Virtual Group Mentor Coaching Program (7 hours)

#### 4 group sessions held over 7 hours -

- 1 x 1-hour session &
- 3 x 2-hour sessions

There is a short pre-work activity for each session and the competency groupings will be explored as follows:

#### Session 1

#### Foundation (1 hour)

- ✓ Demonstrates Ethical Practice
- ✓ Embodies a Coaching Mindset

#### Session 2

#### Co-Creating the Relationship (2 hours)

- ✓ Establishes and Maintains Agreements
- ✓ Cultivates Trust and Safety
- ✓ Maintains Presence

#### Session 3

#### Communicating Effectively (2 hours)

- ✓ Listens Actively
- ✓ Evokes Awareness

#### Session 4

#### Cultivating Learning and Growth (2 hours)

✓ Facilitates Client Growth

Note: for ICF purposes all sessions must be attended LIVE. Your certificate of completion will therefore reflect the number of hours you attend.

# Cost

\$650 +gst for the 7-hour Virtual Group Mentor Coaching Program.

After payment is made, I will send you an **Intake Form** and **Mentor Coaching Agreement** to sign and return to me.

There are a limited number of places in each group, with a maximum of 8 coaches.

# Cancellations

A 50% cancellation fee will apply for any cancellations within 7 days of the group program start date. The full fee will apply to cancellations within 48 hours of the start date.



# About Julie

I work as an Executive and Leadership Coach with leaders in Australian and global organisations and I am a member of many large coaching panels, working with clients at all levels and from a range of backgrounds.

I am involved in the delivery of coach training programs. This experience has developed and deepened my application of the International Coaching Federation (ICF) Core Competencies.

I am a Past-President of the ICF's South Australia Branch and have held other roles on the SA Leadership Team, providing me with a thorough knowledge of ICF credentialing requirements and procedures.

I have been an ICF member since 2012 and a credentialed member since 2014. You can read more about my experience and qualifications <u>on my website</u>.

#### Julie Lines, MBA

Professional Certified Coach (PCC), ICF Registered Mentor Coach, Qualified Coaching Supervisor